



RESIDENTS FIRST IT ISN'T JUST A PHILOSOPHY

*it's a way of life.*

**Newton Health Care Center**

200 South 8th Ave East  
Newton, IA 50208

(641) 792-7440

(641) 791-1610 *fax*

[www.newtonhealthcarecenter.com](http://www.newtonhealthcarecenter.com)

## Residents First

It is our goal to meet the needs of each resident while maintaining the privacy, dignity, and integrity of each resident. That's why our philosophy at Newton Health Care Center is Residents First. This philosophy affects everything we do, from caring for our residents, to the manner in which we conduct the business and operations of our company. Newton Health Care Center is a privately owned, skilled nursing facility. At Newton Health Care Center we offer the full spectrum of care including rehabilitation, short term skilled care and long term care. We provide 24 hour medical care and support services to our residents.

When it comes to your health, or the health of a loved one, we realize how important it is to select the right health care option to meet each individual's specific needs and goals. Newton Health Care Center strives to do this by utilizing our nursing staff and rehabilitation services. We also provide in-house physical, occupational, and speech therapy services, as well as social services. We believe in a holistic approach to care by meeting the needs of our residents medically, socially and mentally.



For some residents, we are able to restore them to a level of function which enables them to return home. For others, we are honored they chose to make Newton Health Care Center their home. We realize for our long term care residents ... we have the privilege of working in their home each day. Our residents have a voice and their voice can be heard through multidisciplinary care plan conferences, one-on-one visits, resident and family council meetings.

MEETING THE NEEDS OF OUR RESIDENTS  
PHYSICALLY, MENTALLY AND SOCIALLY.

*Just like home, we encourage friends, family members and pets to visit as often as they like.*





## TruRehab Therapy and Rehabilitation Services

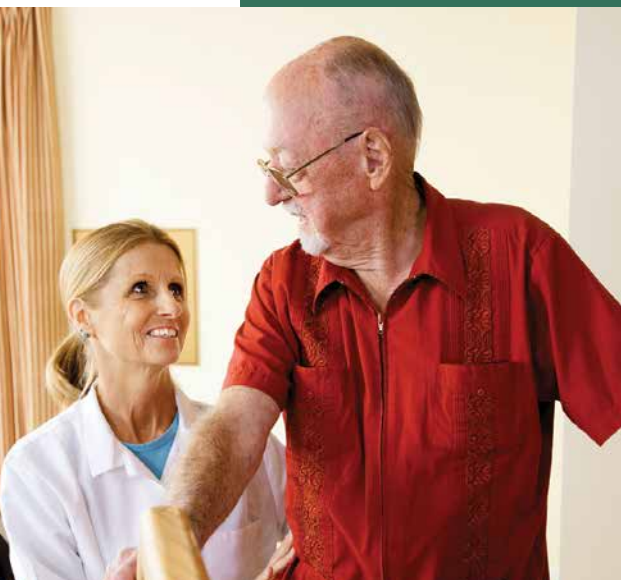
Newton Health Care Center offers a full-time in-house therapy and rehabilitation team. We provide physical, occupational, and speech therapy. Our goal is to assist each individual to achieve their highest possible level of function and independence.

Newton Health Care Center offers the full spectrum of treatment for injuries and other conditions. This includes rehabilitation from hip and knee fractures, dislocations, or replacements, spine and shoulder surgeries, and other orthopedic conditions.

Our therapists are also trained and experienced in treating strokes, open heart and by-pass surgeries, and surgical wound care. Newton Health Care Center also offers restorative programs to further assist our residents to achieve success in making the transition from daily intensive therapy to requiring less assistance.

## Returning to Home

The therapy team at Newton Health Care Center takes pride in resident's achieving their goals and returning to independent living. It is our objective to excel in our resident rehabilitation program and produce exceptional functional results for our residents to assist them so they may return home. We offer a multidisciplinary approach that includes the involvement of family and friends in care planning and support as our residents achieve their full potential. A multidisciplinary team provides a plan for a smooth, safe transition to return to independent living. Included in this plan would be making arrangements for adaptive equipment or ancillary services needed to return home.



### OUR TRUREHAB FEATURES INCLUDE

Newly remodeled, spacious private rooms with private bathrooms

Furnished televisions and telephones

Spacious therapy gym featuring the most advanced therapeutic services and equipment in the area

Lounge area to enjoy visits with family and friends

Private dining area

In house physical, occupational and speech therapists

*A full spectrum of treatment including physical, occupational and speech therapy*





## Long Term Care

We understand by choosing Newton Health Care Center that residents and families are placing their trust in us to provide excellence in care. Our dedicated medical team provides a full spectrum of 24-hour nursing and medical care. Our professional and caring staff is available to provide personal care for those residents requiring daily living assistance or complex skilled nursing treatment that is medically involved based on the individual resident's need. At Newton Health Care Center we strive to provide our long term care residents with comfortable living in a warm, secure, and caring environment. Newton Health Care Center offers a variety of social and multi-denominational religious services. There will be pie and ice cream socials, birthday parties, morning exercise classes by certified restorative therapy aides, bingo, crafts, afternoon teas, cards, and live piano music – just to name a few. We also have a beauty salon available to keep our residents looking their best. We welcome and encourage family and friends (and pets) to stop by anytime to visit their loved ones or participate in meal and activity time.



### NEWTON HEALTH CARE CENTER OFFERS

24 Hour skilled nursing care or complex nursing Treatment

Medication Administered by Licensed Personnel  
Rehabilitation Services – Physical, Occupational, and Speech Therapies

Restorative Programs by Trained Certified Nursing Assistants

Long Term Care

Hospice Care

Respite Care

Pain Management

Wound Care Treatment

Tracheotomy Care

Daily Meals and Snacks

Admissions 7 days a week

Activities and Programs that Encourage Social Interaction and Resident Participation

Multi-Denominational Religious Services  
Podiatry, Dental, Audiology and Optometrist Services

Social Services

Beauty Salon and Barber Services

Housekeeping and Linen Services



## Our Mission

Newton Health Care Center provides a safe, nurturing, comfortable environment where our rehabilitation and long term care residents will find fun, laughter, and opportunities to enjoy life. Our residents are treated with respect and dignity by highly qualified, compassionate and exceptional staff.



*Resident's First isn't just a philosophy, it's our mission at Newton Health Care Center.*

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